



## Disciplinary Determination and Notification

10115 Greenwood Avenue N.

PMB #232

Seattle, WA 98133

[vance.hanbidge@comcast.net](mailto:vance.hanbidge@comcast.net)

Name \_\_\_\_\_ Date of Match \_\_\_\_\_  
Address \_\_\_\_\_ Team Name \_\_\_\_\_  
City, St, Zip \_\_\_\_\_ Team Coach \_\_\_\_\_  
Age Group \_\_\_\_\_

The Puget Sound Premier League (PSPL) Disciplinary Chairperson and the Disciplinary Committee adjudicated your send off for \_\_\_\_\_ during the match listed above. It is the decision of this Committee that you sit out the mandatory/discretionary \_\_\_\_\_ matches commencing with your next regularly scheduled match for this team.

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Vance Hanbidge, PSPL Disciplinary Chairperson

Games to Sit Out	Date of Match	Referee Signature
1		
2		
3		
4		
5		

This form must be signed and dated by the referee for all game(s) you sit out. Mail the completed form to the PSPL office, at the above address, *or e-mail* to [vance.hanbidge@comcast.net](mailto:vance.hanbidge@comcast.net) within fourteen (14) calendar days of the last game sat. If the form is not received within this timeframe, you will be considered in violation of Disciplinary Committee Order, current PSPL rules, US Club Soccer rules, USSF rules, FIFA rules and the Laws of the Game. To contest the sendoff/ suspension you may either request an administrative hearing or file an appeal. Neither request **will stay any disciplinary actions**. The hearing will be scheduled at the earliest possible date.

